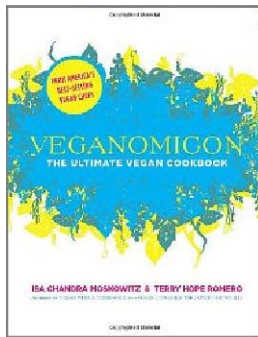




Holiday Gift Giving Guide 2011

Books and Videos

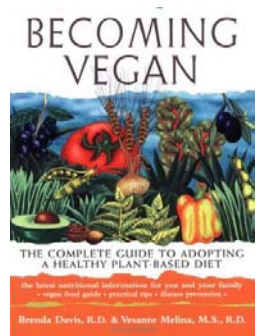


Veganomicon: The Ultimate Vegan Cookbook

Who knew vegetables could taste so good? Moskowitz and Romero's newest delicious collection makes it easier than ever to live vegan. You'll find more than 250 recipes--plus menus and stunning color photos--for dishes that will please every palate.

\$17.58

[Buy Now](#)

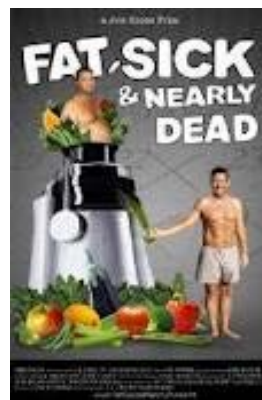


Becoming Vegan: The Complete Guide to Adopting a Healthy Plant-Based Diet

The authors of Becoming Vegetarian explore the benefits of a vegan diet .More and more people are being motivated to become vegans because of the impact of their nutritional choices on their health, the environment, animal rights, and human hunger.

\$13.01

[Buy Now](#)

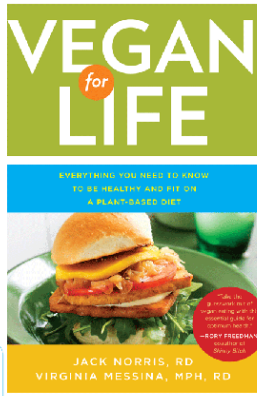


Fat, Sick & Nearly Dead DVD

Overweight, loaded up on steroids and suffering from a debilitating autoimmune disease, Joe was at the end of his rope and the end of his hope. With doctors and conventional medicine unable to help, Joe traded in junk food and hit the road with a juicer and generator in tow, vowing only to drink fresh fruit and vegetable juice for 60 days.

\$19.99

[Buy Now](#)

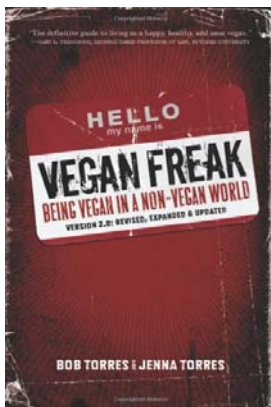


Vegan for Life: Everything You Need to Know to Be Healthy and Fit on a Plant-Based Diet

Are you considering going vegan, but you're not sure how to start? Are you already committed to an animal-free diet, but are unclear about how to get proper nutrients? Vegan for Life is your comprehensive, go-to guide for optimal plant-based nutrition. Registered dietitians and long-time vegans Jack Norris and Virginia Messina debunk some of the most persistent myths.

\$11.06

[**Buy Now**](#)



Vegan Freak: Being Vegan in a Non -Vegan World

This informative and practical guide, two seasoned vegans offer tips and advice for thriving without animal by-products. Sometimes funny and irreverent yet always aware of its serious message, this resource for being vegan in a world that doesn't always understand or have sympathy for the lifestyle illustrates how to go vegan in three weeks or less by employing a "cold tofu method;" convince family, friends, and others that there is no such thing as a vegan cult; and survive restaurants, grocery stores, and meals with omnivores.

\$11.14

[**Buy Now**](#)

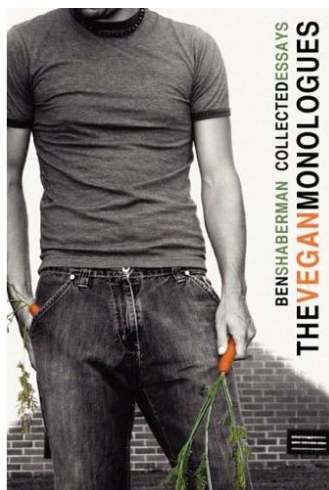


A Vegan History: 1944-2010

A must for vegans and animal advocates alike, Erik Marcus has written the first history of veganism. This narrative begins with the term's coining in 1944, and moves on to chart the rise of factory farming and the fast food industry. And as the modern animal rights movement grew into maturity between 1990 and 2010, the dismantlement of factory farming has become inevitable.

Kindle Price: \$2.99

[**Buy Now**](#)

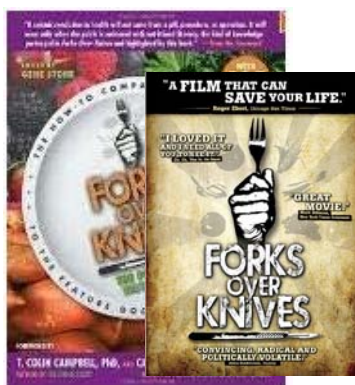


The Vegan Monologues

There's nothing funny about being a vegan, unless you're humorist Ben Shaberman. Shaberman explores the lighter side of one of the world's fastest growing life choices: living meat-free. From social absurdities to his own foibles, Shaberman's reflections will put a smile on the lips of vegans and omnivores alike. Ben Shaberman's essays have appeared in the Washington Post, Chicago Tribune, Baltimore Sun, Vegetarian Times, VegNews, and a variety of other publications.

\$10.20

[Buy Now](#)



Forks Over Knives: The Plant-Based Way to Health – Book & DVD

What if one simple change could save you from heart disease, diabetes, and cancer? Their answer? Eat a whole-food, plant-based diet—it could save your life. It may overturn most of the diet advice you've heard—but the experts behind *Forks Over Knives* aren't afraid to make waves.

\$8.01

[Book Buy Now](#)

[Video Buy Now](#)



Gift Essentials



VeggieBrothers.com Gift Certificates \$25 - \$200

What a great gift!

Give a loved one, friend or colleague the gift of health. Chef Prepared Vegan meals delivered to their door. Gift certificates to be used on the veggiebrothers.com website. Personal message included and the certificate can be used over and over until the balance is depleted.

\$25.00 - \$200.00

[Buy Now](#)

Personal Care Essentials



Booda Butter - Handmade, Organic & Vegan Lip Balm

- Handmade with love in Golden, Colorado!
- Soy, Bee & Gluten-Free!
- Organic Ingredients & Certified Vegan Cruelty-Free. No Animal Testing

\$3.95

[Buy Now](#)



Vanilla and Coffee Vegan Lip Balm

- ❖ Vegan, All Natural
- ❖ Rich in Vitamin E, Highly moisturizing

\$2.95

[Buy Now](#)



Greenfire Orange Carrot Coconut All Natural Massage Oil Candle, fragranced with essential oils

What is a massage candle? Light the candle and burn it for 15+ minutes to enjoy the wonderful scent. Extinguish the flame, and then use it as warm massage oil.

\$13.99

[Buy Now](#)



Urban Decay Vegan Palette

Six of our best-selling shades also just happen to be vegan. Herbivore or carnivore, you'll swoon.

\$34.00

[Buy Now](#)

Gift Baskets & Holiday Treats



Large Vegan Cookie Gift Basket - Any Occasion

- ❖ Filled with an assortment of 12 giant vegan cookies
- ❖ One bag of mini chocolate chip cookies included
- ❖ 100% natural and cholesterol free
- ❖ No refined sugar, GMOs or hydrogenated oils

\$39.75

[Buy Now](#)



Vegan Gift Basket

Our Vegan gift basket is appropriate for any gift-giving occasion. Includes a gourmet vegan selection of dried fruits and vegetable snacks and nuts. All the gourmet foods are free from animal by-products and include only plant-based ingredients.

\$55.00

[Buy Now](#)



Sjaak's Organic Chocolate Truffles, Vegan Assortment

- ❖ One, 6.9-ounce box
- ❖ All ingredients are grown with organic methods
- ❖ Dairy free and vegan

\$20.80

[Buy Now](#)



Dandies Classic Vanilla Vegan Marshmallows 10oz Bag

- ❖ Melt just like regular marshmallows
- ❖ Made without gelatin
- ❖ Absolutely free of any animal products
- ❖ Made on dedicated vegan equipment

\$11.99

[Buy Now](#)



ChocolaTree Kale Chips - Raw (3 Oz.) - Vegan Cheddar

- ❖ Raw Food, Organic Ingredients
- ❖ Hand Crafted
- ❖ Made in Sedona, AZ

\$7.99

[Buy Now](#)



Apparel & Accessories



Vegetarian T-Shirt, Funny T-Shirts Vegan

These hilarious T-Shirts are made of a 100% Fully machine washable cotton/poly blend for a cool and comfortable fit. They feature insanely funny phrases and pictures. Almost guaranteed to spark a conversation. Shocking and Bold, stand out at the bar or just lounge around at the house.

\$8.99 - \$12.95

[Buy Now](#)

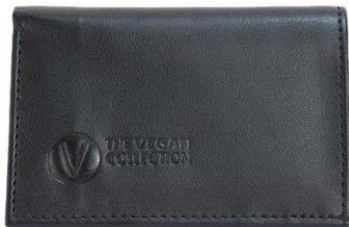


Saucony Originals Women's Jazz Low Pro Vegan Sneaker

- ❖ Vegan Eco-friendly canvas and hemp upper
- ❖ Textile lining and cushioning insole
- ❖ Shock-absorbing low profile EVA midsole
- ❖ XT-600(TM) triangular-lug rubber traction outsole

\$45.50 - \$113.37

[Buy Now](#)



The Vegan Collection Men's Armstrong Black Tri-Fold Wallet

A great new non-leather wallet. This Tri-Fold Wallet is lightweight with plenty of room for carrying all your essentials. Black or Brown

\$27.00

[Buy Now](#)



Speck Products FitFolio Case for iPad 2 in Vegan Leather (SPK-A0280)

- ❖ Custom-fit cradle holds your iPad securely in place .
- ❖ Stylish and durable padded finish with sleek interior .
- ❖ Two-way bungee cord keeps case closed or secures cover to back of case when open.

\$24.97

[Buy Now](#)



Iron Fist Lacey Days Skull Vegan Handbag Purse

Iron Fist's goth-inspired vegan purse is made of printed canvas and faux patent-leather. Exterior front has the cutest black and white stripe bow with a small pink skull charm. Main compartment has a full zipper closure to keep your goodies safe

\$39.99

[Buy Now](#)